



A 10 day hiking tour
3 national parks
Whale watching
Boat trip on glacial lagoon
Natural Hot Springs
3-8 hours of hiking every day

The Mountain Highlights Escorted Tour 2010

This escorted adventure offers great variety of places Icelandic, with about three hours walking a day (and several full days) in some of the most beautiful parts of Iceland. You'll start on the south coast - Geysir, Gullfoss, Skaftafell National Park, then hike in the remote mountains of the East Fjords, the highland caldera Askja and in the north, with whale watching Lake Myvatn, and south through the highlands to Landmannalaugur and Thingvellir before wrapping it up back in Reykjavik.

Our Prices include flights, taxes, fuel charges and a number of "extras".

Here's a daily itinerary.

Saturday:

Travelers from North America leave for Iceland on an overnight flight with an early morning arrival at Keflavik Airport in Iceland.

Sunday:

Welcome to Iceland!

After an early arrival in Iceland, you'll hop on the Flybus shuttle that will take you to Reykjavik where your outfitter will meet you and take you to your guest-house in Reykjavik. Then you'll have the day to rest and explore Reykjavik, the world's most northerly capital. We'll provide lots of ideas for what to see and places to eat- meals are on your own today.

Monday:

Reykjavik - Skaftafell

You'll leave the capital after breakfast, and your first stop will be at Geysir, the original boiling water spout followed by the beautiful double falls at Gullfoss. You'll pass lots of beautiful waterfalls as you wind along the south coast to Skaftafell National Park, where you'll stay for two nights.

Now for 2010! The more the merrier, and the smaller the price! Check our **Small Group Discount** listed inside. And the back page has other ideas for guided touring.

Tuesday:

Skaftafell

You'll have the whole day to explore Skaftafell National Park - at the base of Vatnajökull, Europe's largest glacier. Lots of options, and unusual walking

Wednesday:

Skaftafell - Fljotsdalsherad

You'll head south from Vatnajökull, but it will dominate the landscape for quite some time. You'll have a stop for a boat ride through the glacial lagoon at Jökulsárlón and then head to the Eastern Fjords, where you'll spend two nights.

Thursday:

Viking Trails

You'll have an unusual day of walking through the remarkable and remote Viking trails of East Iceland.

Friday:

Fljotsdalsherad-Askja-Herdurbreidar

The uninhabited highlands make a wonderful area for a walk at the Askja caldera, which contains Iceland's deepest lake, Öskjuvatn. The impressive exploration crater Viti is nearby and the combo makes for spectacular hiking! You'll spend the next three nights near Lake Myvatn.

Saturday:

Whale Watching - Myvatn

The day starts with a 3 hour whale watching cruise, weather permitting, from the picturesque village of Husavík. A short drive to Lake Myvatn, a unique area that features strange lava formations, attractive bays, pseudo craters and prolific bird life. Stroll through the lava field of Dimmuborgir ending with a walk up to the rim of the ash crater Hverfjall. Relax in Myvatn's nature Baths before heading back to your accommodations.

Sunday:

Hljóðaklettur - Dettifoss - Asbyrgi

Visit the peculiar cliff formations at Hljóðaklettur. Nearby is the mighty Jökulsá river, and the canyon Asbyrgi said to be the hoofprint of Odin's eight-legged horse. Not far upstream is one of Iceland's most impressive waterfalls - Dettifoss.

Monday:

Lake Myvatn - Sprengisandur - Hella

You'll travel back to the south on the isolated and rugged Sprengisandur route, through a desert created by lava in the highlands. You'll see Vatnajökull and Hofsjökull glaciers and pass near the active volcano Hekla. You'll end the day in Hella, where you'll spend the next two nights.

Tuesday:

Landmannalaugar

All day is spent walking in the colorful rhyolite mountains and valleys of Landmannalaugar. This is a large natural area that's like a jewel in the wilderness, with cold springs and geothermal water mixing to make bathing spots in a unique landscape spotted with lava flows, grasses and flowers.

Wednesday:

Thingvellir- Reykjavik

You'll walk through the historic area at Thingvellir National Park - where the North Atlantic ridge comes to the surface, and where Iceland's parliament met for a millennia or so. The tour returns to Reykjavik in the afternoon and you'll have an evening, with dinner on your own, to explore Iceland's capital. There are also some nice walking opportunities in the city.

Thursday:

Time to say good bye ...

Travelers on early flights will make an early departure via Flybus to the airport., while those leaving late afternoon will have time to explore a bit of Reykjavik, do some shopping, or soak in the warm swimming pool in nearby Laugardalur, before being picked up by the Flybus around 1 PM.



Lots to see but little to carry, as the tour bus takes your luggage along. Accommodations are in hotels, country guest houses and cabins. This tour works well for a moderate hiking tour that gets you off the beaten path. Great landscapes, great walks, great fun! With 10 days in Iceland, this is a longer tour than many Americans take. But for those who can make the time for this trip, it is an immersion into an exotic land that can't be beat!

Prices and Dates and other useful details

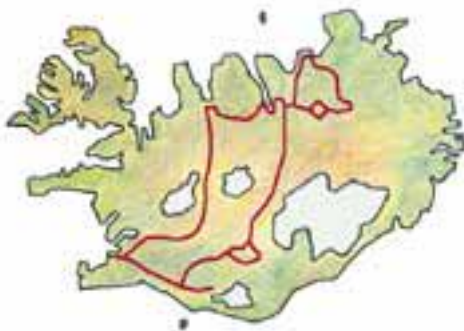
In 2010 The Mountain Highlights tour starts in Iceland on Monday mornings and ends on a Wednesday, 10 days later. Travel dates include a pre and post night. It's also easy to add a day or two before or after your tour - just ask!

There is an average of 3 hours of walking a day - except for Days 2, 4 and 9 when most of the day is spent walking. While most of the walking is not terribly strenuous, there is always an option to return earlier to base if someone would prefer not to walk the whole way. Essential for this tour are good walking boots and waterproof clothing. The price* for this tour is **\$4968** per person double occupancy (pp/do).

Travel Dates	Small Group discount price
June 26 - July 8	# in party Price* per person
July 10 - July 22	2 \$4968 (double occ)
July 24 - August 5	3 \$4868 (triple occ)
August 7 - August 19	4 \$4838 (double occ x2)
	Price for single travelers including single supplement is \$5736

*Price includes round trip airfare, including fuel surcharge, and US departure taxes from Boston, Baltimore, New York, Minneapolis. Add \$110 per person from Seattle, (ask about prices from Toronto, Halifax and Europe) and all airport transfers. Also included are a night in a Reykjavik guesthouse on pre-and post-tour night, with breakfast the following morning. During the tour, you'll stay in double rooms in tourist class hotels, all with private baths, with breakfast and dinner included. There's a picnic lunch on day 5 Friday and Day 8 (second Monday.) Also included are museum and Nature Bath entry fees, whale watching cruise, boat to glacial lagoon, and a visit to 3 national parks. **Not** included in the price are meals on arrival and departure day, lunch while on the tour, (there will be a stop to purchase this) and any optional excursions in Reykjavik.

Hotels used on this tour, are often Tourist Hotels, which are simple and clean. They all include private bathrooms but may not offer other hotel amenities, such as in room telephones or internet connections. These are usually found in a central sitting area.



P.O. Box 475
 Millerton, NY 12546 USA
 Toll Free **888 686-6784**
 From Europe **01 518 789-4890**
 Email: **hn@icelandadventure.com**

www.IcelandAdventure.com
www.HorsesNorth.com