



# Iceland & South Greenland

**9 Days**  
**Reykjavik and some of Iceland's wonders**  
**Narsaq & South Greenland**  
**Nature and Viking history**  
**2010**

*Two fascinating Islands - so close, but very different!*

An impressive tour that lets you experience some of the best of two very interesting, very different northern islands - Iceland and Greenland. This 9 day adventure shows the amazing diversity of nature and culture in these ancient lands - with boiling water spouts, geothermal springs and mighty waterfalls on the small green island, and the inland ice cap, ice filled fjords and ancient Inuit and Viking culture on the large icy one. You can follow the Viking trails first blazed by Eric the Red over 1000 years ago.

*Here's an outline of the itinerary. The time in Greenland is less structured than the Iceland time but the activities and the guides are very good.*

## Monday

### Overnight flight to Iceland

Travelers from North America leave for Iceland on an overnight flight with an early morning arrival at Keflavik Airport in Iceland.

## Tuesday

### Welcome to Iceland

You have a voucher for the Flybus shuttle which will drop you off at your hotel in Reykjavik. Then you can set out to see some of Iceland's capital. We'll provide lots of ideas for what to see and do - and while meals are on your own today, there are lots of interesting places to eat

## Wednesday

### Reykjavik and Environs

Your Iceland Adventure starts with tour of the Reykjavik area, which will give you an overview of this interesting small European capital and may help you plan how you'd like to spend your free time. There's lots to be seen -- the harbor, the world's oldest parliament, the towering church Hallgrímskirkja the Tjorn - the pond in the middle of town, where you may be hit upon by some of the zillions of panhandling ducks, the nearby town of Hafnafjordur where the hidden folk live, and Bessastadir, the beautiful home of the prime minister. The afternoon is free for shopping and sight-seeing in Reykjavik's city center. You can book an optional tour to the Blue Lagoon, or soak in one of the city's many warm swimming pools

## Thursday

### Golden Circle

This tour takes you to some "must see" sights of Iceland on the Golden Circle Tour.

From the geothermal valley of Haukadalur, home of Geysir, the original boiling water spout, to the double waterfalls at Gullfoss, then national park at Thingvellir, where Europe's first parliament started meeting in the ninth century, and the greenhouse village of Hveragerdi, you'll see parts of Iceland's complex history and unusual landscape. There will be a lunch stop and you'll be back in Reykjavik late afternoon.

## Friday

### Reykjavik to South Greenland

After breakfast you'll have the morning free to check and out explore. Early afternoon you'll be taken to the Reykjavik domestic airport for your flight Narsarsuaq - there's a two hour time difference, so you'll land not much later than you took off.

Once in Greenland you'll be in the capable hands of the Arctic Adventure guide who will get you to the boat which will take you down Erics Fjord, to South Greenland's main town of Narsaq, and then to your hotel for check-in and an informational meeting. Then you can enjoy some of the optional excursions.

**Our Prices include flights, taxes, fuel charges and some "extras". Details under \*Prices.**

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## Narsaq

### A south Greenland town

Narsaq means "the plain" in Greenlandic, and the name is due to the large green plain on which the town lies. With its central location in a huge complex of fjords, Narsaq is a good place to begin a tour of South Greenland.

The glaciers north of the town ensure that there are almost always icebergs around Narsaq, and the fjords around the Narsaq peninsula are rich in seals, salmon, trout and minke whales. The temperature varies from plus 22° C (72° F) in the summer to minus 17° C (1° F) in the winter.

Narsaq is the starting point for many activities and excursions. It has a population of more than 2000 people, many of whom are fisherman or sheep farmers. As the town is situated close to the ice cap, boat trips to glaciers are very impressive, and visits to Norse ruins and long hikes are also popular activities. The valleys and mountains in Narsaq's hinterland are paradise for those interested in geology. The area has many rare and unique rocks and minerals that are not found anywhere else in the world.

## Saturday, Sunday, Monday Narsaq days

There will be optional excursions available each day in Narsaq. Your hotel will be able to book these for you, and you can pay for them with a credit card. Please note that as with everything in Greenland, the availability of these tours is affected by the weather. Breakfast and dinner is included in the package while lunch is included in many of the day tours, otherwise it's on your own.

## These are the optional excursions during stay in Narsaq:

### City walk Narsaq

Walk through Narsaq where the guide will talk about daily life in a Greenland town. You'll visit the newer part as well as the old kayak harbor, where local hunters still bring in seals. A visit to one of the local stores and the local market "Brædtet" show how the old way of life still exists with the modern way of life. Lunch and visit to the little museum included.  
*Price: DKK 400 including lunch, Duration: 5 hours\**

### Easy hike - The Dyrnaes Peninsula

A leisurely hike includes a visit to a non-excavated Viking ruin, remains from the Eskimos, as well as beautiful Arctic scenery. This hike is not that demanding and most clients will be able to participate.  
*Price: DKK 300, Duration: 3 hours\**

### By boat to the Inland Ice Cap

Boat across the ice filled Bredefjord to a fiord system northwest of Narsaq leading up to the impressive Twin Glaciers, where you'll go ashore on a small rock emerging from the glacier front. Here you'll enjoy your packed lunch before continuing into another fiord with bird cliffs and a big waterfall.  
*Price: DKK 1000 including lunch, Duration: 4 hours\**

### Hike - The Dyrnaes Peninsula and Kvanefjeld

Walk along the Narsaq river to an interesting geological area around the Kvanfjeld (Kvane Mountain). Here you might find a rare gem stone, Tugtupit, which is only found in this area and in a small part of Siberia. The Arctic scenery is amazing with an incredible view. Packed lunch included.  
*Price: DKK 600 including lunch, Duration: 5-6 hours\**

### Half day by boat to Eskimo ruins

Boat across the Narsaq sound among numerous icebergs to a natural harbor where you go ashore to see the ruins of Eskimo dwellings and some "jumping stones" - a popular game in the old Eskimo world.  
*Price: DKK 600, Duration: 3 hours\**

### Full day tour to Qaqortoq including city walk

Sail through the narrow Mato Strait to the biggest town in South Greenland, Qaqortoq. The old town center from the 1750's is still intact and the contemporary art project "Stone & Man" can be seen all over town, with more than 40 sculptures made into the rocks. Lunch at the cozy little restaurant Napparsivik which is one of the oldest houses in the old square.  
*Price: DKK 1100 including lunch, Duration: 6-7 hours\**

### Evening cruise

Sail into the fiords surrounding Narsaq, enjoying the beautiful evening light with all its pink and purple shades on the icebergs. With a little luck you might even see a whale coming in to feed on the capelin, a small herring-like fish.  
*Price: DKK 500, Duration: 1½ -2 hours\**  
\*Expedition times are approximate.

## Tuesday

### Farewell Greenland, hello Iceland!

After breakfast you'll reverse your arrival process. Your guide will get you to boat back to Narsarsuaq to catch the afternoon flight to Reykjavik, with lunch on the plane. You'll lose the two hours you gained on your way to Greenland, so you'll be arriving in Reykjavik's domestic airport at 630 PM. From there, you'll be taken to your hotel, for a last night. This might be a good night to sample one of Iceland's more upscale restaurants, and if you're hardy, some of its famous nightlife.

## Wednesday:

### Going Home

After breakfast at your hotel you'll have a long morning to check out, relax, see a bit more of the city. You'll have a voucher for the Flybus shuttle which will have you at Keflavik Airport in time for your flight. There are also day tours which offer some sight-seeing, followed by a late afternoon drop off at Keflavik Airport in time for your flights.

### **Dates, Prices\* 2010**

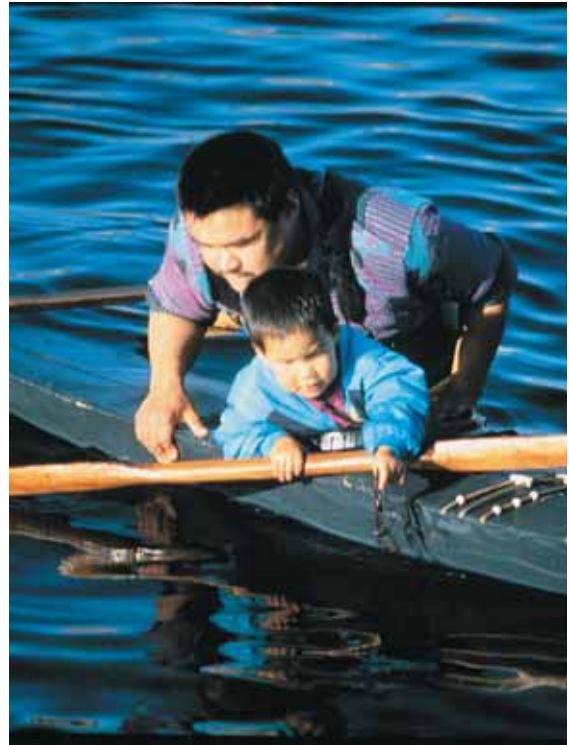
The tour starts in Iceland on Tuesdays in July and August.

The price for our Iceland and South Greenland Adventure depends on your choice of hotel in Iceland. We offer it with a comfortable 3 star hotel in a very convenient location at **\$4086** per person, double occupancy or **\$4955** with a single supplement. If you'd rather a 4 Star Hotel, with plenty of amenities and great location, this will be **\$4285 per person, double occupancy, or \$5072** with single supplement. These prices are subject to hotel availability.

### **Price includes round trip airfare, including fuel surcharge and departure taxes,**

from Boston, New York, Minneapolis. Add \$110 per person from Seattle, (ask about prices from Toronto, Halifax and Europe). Also includes transfers to and from Keflavik Airport, 4 nights in Iceland in double rooms in 3 or 4 star hotels, all with private baths, with breakfast every day, 2 day tours with hotel pick up and drop off, Air Iceland flights to and from Narsarsuaq, 4 nights in double rooms at the Hotel Narsaq with private bath, breakfast, local guide to assist with airport transfers and excursion booking. **Not** included in the price are travel insurance, lunches and dinners in Greenland and Iceland, and optional excursions in Greenland, which can only be booked locally.

Currency in Greenland is the Danish Kronur (DKK) which is available in Icelandic at the airport banks or the Forex in downtown Reykjavik, so you should change some currency into DKK while in Iceland. Credit cards are often accepted. PINs are usually needed. Check [www.xe.com](http://www.xe.com) for exchange rates.



### **Hotel Narsaq**

In addition to top quality and service, Hotel Narsaq offers a personal touch and attention to detail. Breakfast and dinner are served daily in the hotel restaurant. Guests can enjoy drinks at the hotel bar in the evenings. All rooms have a TV, mini bar and safe. There is also everything you need to make yourself a cozy cup of tea or coffee in your room. Breakfast is included in the price of the room.

*Please note: All bookings in Greenland are subject to **Special Conditions**, to which you must agree to when booking! Arctic weather conditions and limited capacity in Greenland may cause traffic delays resulting in interruptions, limitations or changes in the itinerary. This may result in extra expenses to cover meals, hotel accommodation and/or transportation not foreseen in the program. Such expenses have to be paid directly by travelers themselves. The tour operator cannot accept any responsibility, economic or otherwise for such changes.*

## Accommodations in Greenland

Hotels in Greenland are modern with comfortable rooms, often with good views, TV and private baths.

Most hotels have a restaurant and full bar. Breakfast and dinner are included in the multi-day tours, with lunch available locally. Many day tours include lunch and others offer an opportunity to purchase it at a good price.



## Other options



**Ilulissat**, home of the world's largest ice fjord and now with flights from Iceland during the summer.

**Nuuk**, Greenland's capital city, with its a mix of European and Inuit cultures, and a chance to fly onto the Ice Cap. Connect from Kangerlussuaq or with direct flights from Iceland 3 times a week.

**East Greenland, Kulusuk, Angmagsalik (Tasiilaq)** Old cultures and values lots of icebergs. Daily flights from Iceland

**South Greenland - Narsaq and Narsasuaq** From Iceland, we offer 4, 5 and 8 day tours to South Greenland full of Viking history, Inuit culture and softer greener landscapes.

*Flying is the only way to travel between communities in most of Greenland. The aircraft that serve Greenland fly from one remote area to another and any delays at one airport is telegraphed through the system. Because of this, we build some flexibility into any Greenland program.. Travel between Iceland and Greenland can be uncertain as well, so we never schedule a flight back to the US from Iceland on the same day as you return from Greenland. Most packages include a final night's accommodations in Iceland - and if not, we'll be happy to arrange that for you.*

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